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Elementary Principal  
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Dear Parents / Guardians:

Our class is about to begin an important lesson on the beginning stages of puberty, which many 5<sup>th</sup> graders are beginning to experience. These students receive an informational packet and watch a video,

*Just Around the Corner* program helps both boys and girls understand the following:

- Physical and emotional changes they experience during puberty, and acknowledge that these changes are a normal part of growth and development.
- Physiology of their bodies and correct terminology for parts of the reproductive system.

In addition, the program will help girls understand the menstrual cycle, what to expect during a period, and how to manage periods while continuing with normal activities.

This free education program is based on national research and consultation with school nurses, health educators, parents and medical professionals. We will provide information to the students in the fall.

Thank you,

McLouth Elementary staff